



## **TO ALL KAIROS INSIDE ADVISORY COUNCILS**

Kairos Outside of Eastern Washington requests your continued help in spreading the word about the Kairos Outside ministry to the residents participating in Kairos Inside Weekends.

Kairos Outside is designed to support the adult female relative and/or friend of the men and women who are or have been incarcerated in the country's State and Federal correctional facilities, as well as county/city jails or youth offender programs or women who were incarcerated and did not have an opportunity to do a Kairos Outside Weekend while they were inside.

At a Christian weekend retreat (like the Kairos Inside and Kairos Torch Weekends), we cover issues pertinent to the adult women who wait, pray, and support their inmate relative/friend, or who were impacted by incarceration themselves. The Weekend is designed for both Christian and non-Christian guests, there is no cost to attend, the minimum age is 20, and the retreat is generally held at locations in Eastern Washington.

On the Weekend their relative/friend receives the support of other women who are in similar circumstances. It is often difficult for their relatives and/or friends to share their feelings and the lifestyle changes caused by the separation with family members and friends, but it becomes easier when they meet others who are also experiencing some of the same difficulties.

The residents on the inside are behind concrete and wire walls, but their relatives and/or friends on the outside are also behind walls – ones self-built and self-imposed around their hearts. To be able to share their feelings, to know they are not alone, and to know there is a support group, helps them to tear down their walls and face the separation from their relative and/or friend in a new light.

We ask that a copy of our Guest Brochure, a copy of the instructions on how to send someone to Kairos Outside, a Guest Reservation form, Kairos Outside PO Boxes and a sample "Dear" letter be given to each participant.

Here are some suggestions on how these documents can be distributed:

- 1) place one copy of each of the materials listed above in an envelope that all the Participants on the Kairos Weekend receive. Have a Kairos Outside Representative speak at closing and then distribute the materials to the Participants as they leave closing, or

- 2) have someone on the team present the enclosed “Kairos Outside Script” sometime during the Weekend or at your Weekend Closing. Then pass out the documents to the Participants; or
- 3) present the enclosed “Kairos Outside Script” at your continuing ministry events, and have copies of the documents available for the men and ladies to take with them when they leave event, or
- 4) ***if you can get approval from the institution where you do Kairos***, have the Participants fill out all the necessary forms, and take them from the institution and forward them to your local Kairos Outside community or the community closest to where the potential Kairos Outside Guest resides.

Please talk about and promote Kairos Outside throughout the year. Don't just talk about Kairos Outside at your Weekend closings. Talk about Kairos Outside whenever you can and prepare packets that can be left with the Chaplain, or appropriate person at your institution. Then inmates can pick up a Kairos Outside packet whenever they decide to send their loved one or friend to Kairos Outside, and other inmates who are not Kairos Graduates, can also be given the information by the Chaplain.

When a resident fills out a Guest Reservation Form for his/her relative and/or friend to attend a Kairos Outside Weekend, they are giving them a special gift – one of support and love that can have a lasting impact not only on the individuals, but also on their families.

If you, your Advisory Council, or an upcoming Weekend Leader, have any questions about these materials, please do not hesitate to contact Kate Nowlin at 208-816-9565 or [kjnowlin@yahoo.com](mailto:kjnowlin@yahoo.com).

In Christ,

*Kate Nowlin*

**KAIROS OUTSIDE OF EASTERN WASHINGTON  
ADVISORY COUNCIL**

Enclosures: Kairos Outside Script  
KOEK Brochures  
Instructions to Send Someone to Kairos Outside  
“Dear” Letter  
Guest Reservation Form from resident  
Kairos Outside PO Boxes