

**(These are instructions that can be given to inmates who wish to send their friends and loved ones to a Kairos Outside Weekend – they can also be used by volunteers as a guide for giving instructions to the inmates on what they do with Kairos Outside Guest Reservation forms if they wish to send someone to a Kairos Outside Weekend.)**

## **Instructions for sending someone to Kairos Outside**

- Kairos Outside is like the Kairos Inside weekend you have attended, with a few differences.
  - it goes from Friday night to Sunday
  - you must be a female and over 20 years old to attend
  - the Guests do not have to have someone in prison now, but they just should have been impacted by incarceration in some way in their life
  - Guests do not have to be the family member or friend of a Kairos Graduate – any woman impacted by incarceration can attend
  - ladies who were incarcerated and did not do a Kairos Weekend while they were inside can attend
- There are also similarities
  - forgiveness, acceptance, and a community of love and support is created that is meant to stand the test of time
  - there is no charge to attend
- There is no babysitting provided, but the Kairos Outside community will help your loved one or friend figure that out, if necessary
- Transportation is provided if a ride is needed
- Most Kairos Outside communities usually hold weekends 2 times a year
- In the state of Washington, there is one Kairos Outside community at this time.
- Kairos Outside is held in many states, a listing can be found in your packet.
- You need to complete a Kairos Outside “Guest Reservation Form” which will be sent to the local Kairos Outside community, or the Kairos Outside Community closest to where your loved one or friend lives. The Kairos Outside post office boxes can be found in your packet. If you aren’t sure where to send the application ask the Kairos volunteers and they will help you figure it out.
- You need to talk about Kairos Outside with your loved one.... Over the phone or in a

“Dear” Letter. The Kairos volunteers should have given you a sample “Dear” Letter. Once Kairos Outside receives your Guest Reservation form, someone will be in contact with your loved one or friend to discuss the Weekend and the logistics, dates and to answer any questions they have... so make sure they know you want them to go and, why you want them to go, before they receive that call! It does not go well when they are surprised and don’t know what the Kairos Outside volunteer is talking about when she calls to invite them to attend a Kairos Outside Weekend.

- You will also need to write an agape letter to your loved one or friend that they will receive on their Weekend. But, you don’t have to worry about that now because a Kairos Outside volunteer will contact you about writing it when they know your loved one or friend is planning to attend a Kairos Outside Weekend.

If you have any other questions or need help speak with your Chaplain or a Kairos volunteer, and they will help you.